December 1990

Carolina Country®

North Carolina Electric Membership Corporation's new generating station at Ocracoke Island sailed through a real-life test by providing emergency power for much of the Outer Banks area after the recent Bonner Bridge accident. For complete coverage, see pages 6-8.

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EDITOR'S LETTER

Dear Readers,

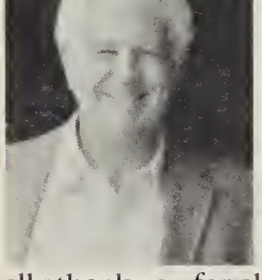
Our "Mailbox" column this month features an interesting letter from a consumer-member of Blue Ridge Electric Membership Corporation (EMC), Lenoir. It's a copy of a letter to *The Reader's Digest* that strongly objects to a *Digest* article that proposed eliminating the federal loan program for rural electric cooperatives.

Susan S. McLaren of Rt. 4, Boone, wrote the letter after reading about the *Digest* article in the October issue of *Carolina Country.*

Ms. McLaren, who provided us with a copy of the letter, takes issue with the national magazine article's suggestion that the Rural Electrification Administration should be dismantled as a means of cutting the federal deficit. Doing so, she said, would require that many rural people must "revert to the 'hillbilly' status of yore" because they'd no longer have access to affordable electricity.

The letter is the second item in "Mailbox," page 9.

Bob Timberlake, the noted Lexington artist whose latest time-limited print was reproduced on our cover in October, kindly wrote us a note expressing appreciation for the magazine's support of that project.



The print, depicting Pilot Mountain as the backdrop for a snow scene, was done in part to raise funds for the Pilot Mountain Foundation. The non-profit organization is seeking money to expand a civic and recreation center in that area.

The artist wrote, "I just wanted to personally thank you for all the support your magazine has provided me, especially the feature on my new time-released print, "The Pilot," in your October issue. It is indeed an honor to be associated with *Carolina Country.*..."

Orders for the print were to be accepted through Nov. 9, with the number of advance orders dictating how many copies would be produced.

Timberlake, who is marking his 20th anniversary as a fulltime artist, completed the new painting while juggling various other commitments: he helped launch a new Timberlake line of furniture, which was unveiled at the October furniture market in High Point and he put in appearances at two special events where he was honored.

About 1,300 of his neighbors and friends assembled for a sold-out tribute in Lexington saluting him and celebrating the 10th anniversary of the Lexington Civic Center. North Carolina native Charles Kuralt of CBS News and renowned pianist Loonis McGlohon performed their "North Carolina Is My Home" concert with special adaptations to honor Timberlake.

Just a few weeks later, Timberlake was one of five men who received the state's top honor, the North Carolina Awards for 1990. Gov. James G. Martin presented the awards at a dinner in Raleigh.

For more details on that event, see the item "Here/There/Everywhere," page 11.

The furniture line, which is being offe by Lexington Furniture Industries, is a coll tion of more than 150 pieces selected and supervised by the artist. In addition, Timbe lake has established a "home furnishings accessory program" offering licensed acce sories to coordinate with the furniture.

Timberlake said, "There are so many artists and crafts folks in our great state, an I hope that through our accessory line, we bring the deserved recognition to many of these fine folks."

Vendors involved in this program inc Capel, Inc., in Troy: Garden Source Furnis ings in Atlanta; Hall Printing Co. in High Point; Mystic Valley Traders in Winchester MA; Sarreid, Ltd., in Wilson; Three Mounta neers, Inc., in Asheville and the Bob Timbe lake Collection in Lexington.

We must apologize for a misprint in t October story listing candidates for the No Carolina Supreme Court and the Court of Appeals. When graphics grimlins someho robbed the story of two lines of type, the "revised" copy read smoothly and our pro readers failed to notice the problem: it shuffled the Supreme Court campaign lin to pit Associate Justice John Webb of Wils a Democrat, against Superior Court Judge Samuel T. Currin of Raleigh, a Republican.

Here's how the affected line-up shou have been described: Incumbent Associat Justice John Webb faced Superior Court J I. Beverly Lake of Raleigh, the Republican didate; and incumbent Associate Justice W P. Whichard of Durham, a Democrat, face Superior Court Justice Samuel T. Currin.

Webb and Whichard were re-elected the Nov. 6 balloting.

Apologies to all the candidates involv

Best regards

Owen Bush

Other Co-ops May Be Next

Credit Unions Face Income Tax Threat

The following guest editorial was written Ann Curren, staff assistant at Wake Electric mbership Corporation, Wake Forest. She is ident of the EMC Employees Credit Union.

The nation's credit unions are currently rating under a cloud arising from wide-ad misinformation and the controversial sav- and loan (S&L) scandal. This has left many sumers thoroughly confused about the role e institutions play in the financial com-nity.

That's understandable given the dramatic nges that have swept through this industry the past 20 years, as deregulation and a petitive marketplace have blurred the dis-tions between banks, credit unions and S&Ls. n so, consumers continued to see the S&Ls credit unions as kindred institutions use they both sprang from the cooperative ement. They were mutual democratic sour-of credit, primarily providing home loans. kinship was diminished when many S&Ls ganized to become profit-oriented stock nizations.

Meanwhile, the credit unions have ained non-profit, member-owned organiza-s that are similar to the nation's rural electric telephone cooperatives in structure and ation. As a result, they retain a natural kin- to those and other co-ops that provide ser-s to members, with all members sharing the efits that flow from the organization. Both s of businesses are based on a simple con-: a group of people get together to run a ness that provides the group with a needed luct or service. They elect a volunteer board rectors from among the members to set pol-nd guide operations.

This structure for credit unions is now g questioned amid mounting unease among rican consumers regarding the security of gs entrusted to these and other financial utions. The General Accounting Office and reasury Department are both studying the it union movement and could call for these utions to be linked with banks for regula-nd insurance purposes. That would almost surely endanger the credit unions' non-for-profit status.

These efforts could ultimately affect millions of American consumers who are members of the nation's 15,000 credit unions. North Carolina has 257 credit unions with a membership totalling 1.1 million. They have combined assets of $4.9 billion,which amounts to 5 percent of the $100.9 billion now on deposit in all Tar Heel financial institutions.

Since 1969, employees and directors of North Carolina's electric co-ops have taken advantage of the services provided by the EMC Employees Credit Union headquartered in Raleigh. This organization now claims 4,500 members representing electric and telephone co-ops in two states. Its assets total $12.3 million.

Let's put all this in perspective: the combined assets of all the credit unions across the country amount to less than the combined assets of Citicorp, the nation's largest bank.

Despite their mammoth holdings, the banks are maneuvering to siphon savings away from the credit unions by pressing for legislation to tax credit union "income." As non-profit cooperatives, credit unions have no income because margins are returned to the members. That means they qualify for an exemption from income taxes but they do pay property taxes and sales taxes.

Adding to that tax burden would seriously erode the strength of these institutions, in effect taking money from the pockets of thousands of working Americans. In addition, if credit union "income" should be taxed, the precedent would undoubtedly inspire efforts to apply the tax to all other non-profit co-ops.

This prospect has stirred many of the nation's 45,000 co-ops to rally behind the credit unions in opposing the taxation proposal—as well as other regulations designed to curb the growth of these institutions.

You can add your voice to this chorus by expressing your support for credit unions and the cooperative form of business enterprise to the elected officials who represent you in Washington.

In This Issue:

6
New Generating Station Sails Through Real-Life Test During Outer Banks Power Outage

9
Mailbox

10
Here/There/Everywhere

NORTH CAROLINA
Colonized. 1585-87, by first English settlers in America; permanently settled c. 1650; first to vote readiness for independence. Apr. 12. 1776.

19
Three Honored For Grassroots Leadership

26
Horizon

13-18
Savage Farms Advertising Section

1990
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Should you encounter advertising that does not comply with these standards, please inform the editor at P.O. Box 27306, Raleigh, NC 27611, (919) 872-0800.

Cover: "St. Barnabas, Christmas 1989"

Our cover this month features an original watercolor pain ing titled, "St. Barnabas, Christmas 1989," by Joy Nethercutt of Snow Hill. It depicts the St. Barnabas Episcopal Church, an historic landmark in Snow Hill.

The church, which was listed in the National Register of Historic Places in 1979, was a mission of the Diocese of East Carolina from 1884 until 1962. The simple frame structure has remained essentially unchanged throughout its history except for repairs that were made in the aftermath of a 1951 fire and repairs that followed an incident of vandalism in 1971.

Joy Nethercutt, a Greenville native, has made her home in Greene County since 1969 and has taught art at Greene Centra High School since 1982. A lifelong artist, she has a degree in ar from East Carolina University. Her career has included work as commercial artist, designer and freelance photographer. She h also painted scenery and backdrops for various musical produc tions.

The artist recently formed her own company, Paintings b Joy, to market limited edition prints of her paintings. Her sales and marketing manager is Trudy B. Hardy of Trudy B. Hardy's i Snow Hill.

Signed and numbered prints of "St. Barnabas, Christmas 1989," are available with an image size of 13 3/4 inches by 9 3 inches on stock measuring 18 inches by 12 inches. They're priced at $28 each, including shipping and handling. Mail orde to Trudy B. Hardy's, 225 N. Greene St., Snow Hill, NC 28580. Make checks payable to Paintings by Joy. For more informatio about this or the artist's other works, call (919) 747-8435.

onsultant Offers Hints n Building All-Electric nergy-Efficient House

If you are interested in some hints on how uild an all-electric, energy-efficient home, McDonald can help.

Ten years ago, the retired management sultant with the National Rural Electric perative Association set out to build such a ne.

When he finished, he had an attractive one-y, 2,770-square-foot house with a 1,600-are-foot recreational basement. He also had lowest power bills he'd ever experienced.

During the cold and snow of last ember in the hills of Northern Virginia, Donald stayed cozy in his 70-degree house. anuary, he was pleased to see his power bill n Northern Virginia Electric Cooperative, assas: a low $144.

A similarly sized home during a cold snap at area would typically rack up a bill three ur times that amount.

Although McDonald began planning his ne 10 years ago, he didn't set out to build it l a few years ago.

One of the problems he faced was hiring a der who would be open to the energy-saving ures he wanted. The builder he finally hired so impressed with them that he is now g many of the ideas in other houses.

McDonald's home uses some solar energy, -tech insulation and an energy efficient heat p. He estimates that for every penny he put building the home, he has gained four cents turn.

The home cost about $58 per square foot, ch is under the national average.

"For every penny we put in, we get back cents' worth of energy," McDonald said. "I wanted to prove you can build a good se that's all-electric and still be competitive."

McDonald says he will gladly share his gy-saving ideas with other people. Anyone ting information should send a check for 0 to cover mailing costs. Mail your request ay McDonald, Rt. 3, Box 55A, Purcellville, 2132.

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New Power Station Operates In Emergency

Bridge Accident Disrupts Electric Servic

The empty newspaper boxes on the Outer Banks didn't tell the whole story. But in a sense, they symbolized it.

The newspapers that never appeared in those boxes carried huge headlines and dramatic photos of a major event affecting the Outer Banks: in the wee hours of Friday, Oct. 26, a dredge in Oregon Inlet crashed into the Herbert C. Bonner Bridge during a storm, leaving a 300-foot gap in the island's only road to the mainland.

The incident also severed the only cables supplying electricity for Hatteras and Ocracoke islands.

The islands' residents couldn't read those headlines or examine those eye-catching pictures. They couldn't follow the daily coverage of this major story, which would affect them directly for months to come.

When the bridge collapsed, daily newspaper deliveries ceased for almost a week—just one sign of the area's isolation from the rest of the world.

In the aftermath of the incident, residents of the Outer Banks found a way to cope with their isolation from the mainland. They and hundreds of tourists were unable to leave the island until ferry service resumed — and then only after waiting long hours in line. And, for the most part, they had no electricity.

"I think the island residents handled the situation very well," said Clifton Austin, manager of Cape Hatteras Electric Membership Corporation (EMC), Buxton, the electric co-op serving Hatteras Island.

"It was an incident we didn't have any control over. We know how Mother Nature can affect us here."

When the bridge was damaged, electrical repair crews, state and local agencies, engineers and the military went into action to restore electric service and help the islands return to normal as quickly as possible.

Clifton Austin, manager of Cape Hatteras EM works by the light of a small lamp during the outage on the Outer Banks. An emergency generator provided power for the EMC office a Buxton.

Ed Thomas of Booth & Associates, a consulting engineering firm under contract to Cape Hatteras EMC, surveys the damage at the Herbert C. Bonner Bridge over Oregon Inlet after a dredge slammed into the bridge.

Equipment w quickly put in place to resto normal electr service to the Outer Banks. to the treache nature of the work on the Bonner Bridg repairs were made mainly during daylig hours.

Text by Randy Wheeless
Photos by Randy Wheeless and Dan Cook

The first order of business was to get electricity flowing again. With) from the state's Emergency Management Division, generators were ied across the inlet and tied into Cape Hatteras EMC's four stations.

Meanwhile, engineers at a new diesel power plant on Ocracoke nd were given the clearance to begin generating electricity from the ity, even though it had previously operated only under test condi- s. (See allied story, page 8.)

North Carolina Electric Membership Corporation (NCEMC), which vides power for 27 member EMCs across the state, had built the egawatt station to produce electricity primarily during periods of k demand for power. It was also expected to be available for emer- cy service during extended outages. However, it had not yet com- ed start-up tests when it was tapped for emergency duty following bridge incident.

The station is adjacent to the Ocracoke office of Tideland EMC, ch is headquartered in Pantego. It is one of two peaking plants EMC is erecting on the Outer Banks. The second is a 15-megawatt on that is still under construction at Buxton.

The Ocracoke station began operating at around 2 p.m., Friday, 26, initially providing service solely to Ocracoke Island. However, by following Sunday it was also supplying power to Hatteras Village.

"It was a unique event for a lot of people," said Tommy Greer, a nical/safety advisor with NCEMC, who helped install the emergency erators to serve Cape Hatteras EMC territory north of Hatteras ge.

"The workers proved that they were up to the challenge of getting generators on-line. We all learned a lot during those few days."

k crews battled the brisk winds and tricky waters of the Oregon Inlet to and repair power cables severed in the bridge accident. Cables had to cated in the water, repaired and securely repositioned in the water.

Dick Booth of Booth & Associates oversaw repairs to the power lines that were severed in the bridge accident.

After temporary electric service was established, the next priority was repairing the transmission line that spanned the inlet. That task fell to Dick Booth and Ed Thomas of Booth & Associates, a consulting engineering firm under contract to Cape Hatteras EMC.

"The Oregon Inlet is like no other body of water," Booth said, referring to the inlet's unpredictable currents and shifting bottom. "That made the work extremely difficult."

The repairs entailed splicing new lines into the gap in the two severed cables. The operation was handled by crews from North Carolina Power, which supplies the energy that flows through these cables.

"It took seven days to repair the lines," Booth said. "Of course, at times it was too rough to work. To me, it seemed like a long time. But I've talked to other people who were amazed that we did it that quickly."

Until the bridge is repaired, Hatteras and Ocracoke islands will remain isolated—with ferry service providing the only access to the mainland.

The worst of the Bonner Bridge accident is now behind the people of the Outer Banks. It was an accident that many of them had long expected, though most never imagined the scenario that played out early on the morning of Oct. 26.

"I don't know if it was worse or better than I thought it would be," said Austin about the accident. "It happened and we did what we had to do."

Engineer Bows Out "With A Bang"

Ocracoke Plant Sails Through Real-Life Tes

Gene Grace was looking forward to returning to his Chatham County home after a five-month work assignment on the Outer Banks. He planned for a leisurely Friday drive that would get him home in time to enjoy the weekend there.

He made no allowance for a huge span of the Bonner Bridge collapsing into Oregan Inlet waters, cutting off the Outer Banks from any direct access to the mainland.

As a project engineer for the North Carolina Electric Membership Corporation (NCEMC), Grace had been involved in overseeing preliminary start-up tests at the new Ocracoke Generating Station—a 3-megawatt diesel plant on the island. The plant was designed and built especially for use during periods of peak demand for power.

But when the main transmission lines serving Hatteras and Ocracoke were cut by the Bonner Bridge accident, Grace saw his stay on the island extended indefinitely—and his work assignment dramatically transformed. He suddenly found himself directing a real-life test of the new plant under emergency conditions.

"A lot of the specific procedures for starting the station during an outage had not been established at the time of the accident," said Grace. "We never thought we'd have to face it so soon."

Those procedures began falling into place about 4 a.m. on Oct. 2 when Grace received a call from Ron O'Neal, line superintendent for Tideland EMC, Pantego, which serves Ocracoke Island. Within 15 minutes, Grace was at the Ocracoke Station.

Grace was the only NCEMC official on Ocracoke Island when the bridge accident occurred. Other NCEMC engineers were in Buxton on Hatteras Island, where the co-op organization is completing work on a second generating plant at Buxton, and phone and ferry service between the two islands had been suspend ed. That left only Grace and a consulting engineer to handle the start-u of the Ocracoke Station.

Later, three other NCEMC engineers arrived to lend a hand, after being ferried through Hatteras Inlet's nine-foot waves by the U. S. Coas Guard.

Communicating by phone with NCEMC headquarters in Raleigh, Grace tried to start the plant at 7 a.m. As expected, the plant would no begin operating because of the outage situation.

"We had to figure out a way to get around that. Everyone in Raleig was working to find an answer," he said.

A second start-up attempt at 2 p.m. proved successful. By 2:30 p.m electric service to most of Ocracoke Island was restored.

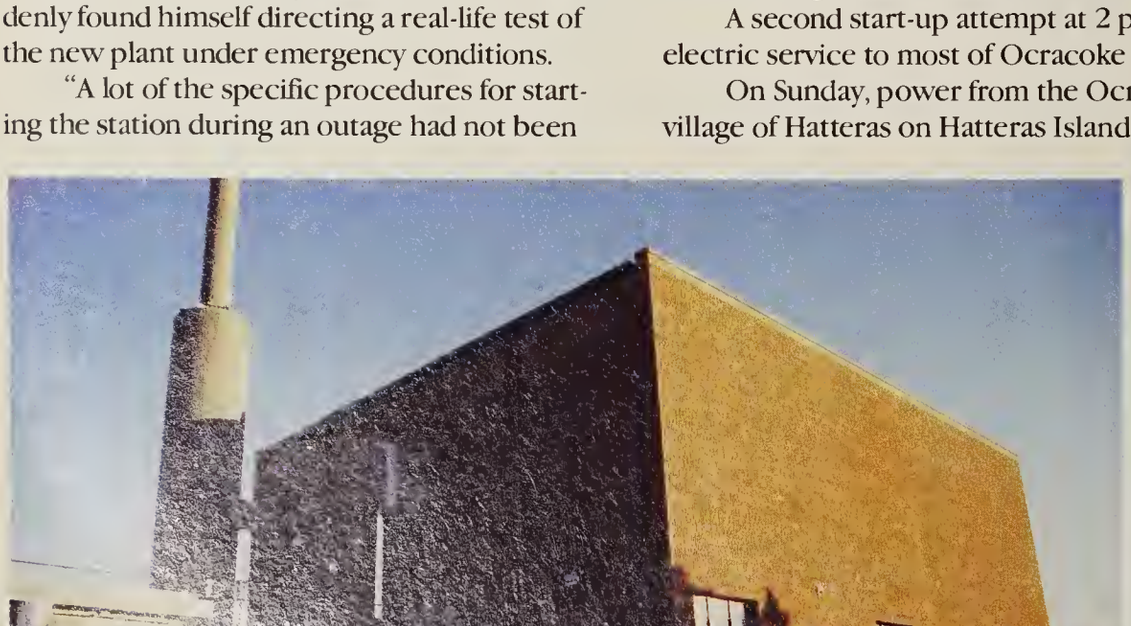
On Sunday, power from the Ocracoke Station began flowing to th village of Hatteras on Hatteras Island—relieving some of the outage pr lems in that area. For the next week, the station ran continuous ly with only few minor problems

"The station was a real life-saver to the island," said Grace. "Since Ocracoke Island gets its power from the cable on Bonner Bridge, these people were usual the last people to receive power This time, they were the first."

By the following Friday, Nov 2, the Ocracoke Station was take off-line when repairs were completed on the severed power cables across Oregon Inlet.

Grace finally closed out his Ocracoke assignment a week lat than originally scheduled.

"I'd been living there since June working on the start-up of t plant," he said. "I suppose you could say I went out with a bang



The Ocracoke Generating Station, a new 3-megawatt facility on Ocracoke Island, proved to be a lifesaver to island residents, providing power for a full week while repairs were made on the Outer Banks' main power cables across Oregon Inlet.

vember Article: "A Good Report" On Visit With Gwyn Price

The following letter is from Garland Stafford of Statesville, who s mentioned in an article in the November issue of Carolina Country *arding Gwyn B. Price. Price helped spearhead development of rural tric co-ops in North Carolina. Stafford was instrumental in arrang- for Mr. Price to meet Susan Russell, who was awarded the 1990 yn Price Youth Tour Scholarship. Ms. Russell wrote about the meet- in the November article.*

Thank you very much for sending me copies of the November issue *'arolina Country*. I thought Susan Russell wrote a good report of our to Gwyn Price back in June. I met her in Taylorsville the morning of 13 and rode with her in her mother's new pickup. Before we crossed Wilkes County she drove a short distance on a side road to get some- g she had left at home. I got to meet her father. He has an apple ıard.... I was impressed with her evidence of good judgment as she ed about her hopes and ambitions. We did have a good visit with n and Pauline (Mrs. Price) and the folks from Blue Ridge EMC....

As for myself, I chose the rural ministry and served rural Methodist rches many years. In 1949, my good friend Garland Hendricks, pastor pex Baptist Church, was cited as North Carolina Rural Minister of the and I, in 1950. In 1955, I was sent to administer a rural district in n counties in the northwestern corner of the state. This was fol- ed by eight years here in Statesville as the executive secretary of the ference Commission on Town and Country Work. My active work concluded by a three-year pastorate of two churches east of here. It been a greatly rewarding life.

My best wishes to you as you continue to provide a periodical to note the interests of rural electrification. There is information here practical nature and worthwhile information. I salute you.

Garland Stafford, Statesville

ion's Electric Co-ops Still Need REA Loan Program To ıtinue Providing "Good Value" Service In Rural Regions

Susan S. McLaren of Rt. 4, Boone, a consumer-member of Blue e Electric Membership Corporation, Lenoir, provided Carolina ntry *with a copy of the following letter she wrote to* The Reader's st. *The letter refers to a* Digest *article by Rachel Flick calling for ination of the Rural Electrification loan program. She wrote the r after reading about the article in* Carolina Country.

Enclosed please find references to the article, "Let's Get Serious ıt Cutting the Budget" (Rachel Flick, September, 1990) and follow- ls in *The Washington Post* and *The New York Times*.

This letter could be categorized as a classic "NIMBY" (not in my yard) reaction. We are served by Blue Ridge Electric Membership oration (BREMCO), Lenoir. If it were not for BREMCO (and asso- s), many, many people in the more isolated areas such as north- ern North Carolina, parts of Virginia and West Virginia, would not access to electricity at reasonable rates.

I couldn't agree with Ms. Flick more that federal spending needs to ırbed, and probably the Rural Electrification Administration *could* its *share* of that responsibility. But I think it is unrealistic to call for elimination of the REA, unless of course you think that certain less accessible segments of the population should revert to the "hillbilly" status of yore.

Our $5 membership allows us access to a reliable source of electricity, and to share in a non-profit cooperative business. That is pretty good value these days.

Aside from this, BREMCO has proved itself to be remarkable in its response to its members. Last year, a new diesel generating plant was proposed to deal with an anticipated need for more electricity at peak periods, as our population continues to grow in this beautiful area.

It was to be built at Deep Gap, near Boone. There was considerable controversy over this project: over alleged need, over environmental issues, over alternatives.

From the outset, it appeared to be a typical governmental-type "done" thing.

Slowly, opposition grew and became more vocal. In summary, the project was stopped. BREMCO proved itself to be a "cooperative" in the most elemental sense. It is doubtful that BREMCO in fact has received as much credit as it should have. The entire exercise was an amazing and wonderful demonstration of democracy in action.

In fact, I would suggest that if Ms. Flick or anyone else is interested in doing another article on a sterling example of the REA in action, (s)he should come to Boone and talk with those of us involved in the issue of the peak generating plant. I have a file full of clippings and references, and contacts for interviews. We would be pleased to share our experience with others.

Susan S. McLaren, Rt. 4, Boone

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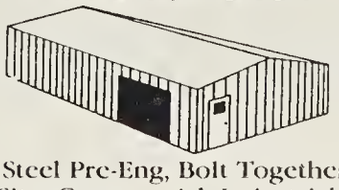

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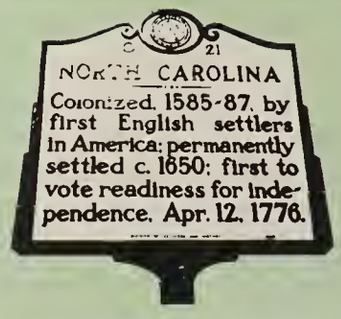
Antique Toys Now On Display In Winston-Salem

Toys from Colonial Williamsburg's Abby Aldrich Rockefeller's Folk Art Center will be on display through Jan. 13 at the Museum of Early Southern Decorative Arts (MESDA) in Winston-Salem.

The collection, which showcases antique toys from the 1800s and early 1900s, includes American and European toys—including many hand-carved works from Germany.

For more information, contact MESDA at P.O. Box 10310, Winston-Salem, NC 27108-0310. Phone: (919) 721-7360.

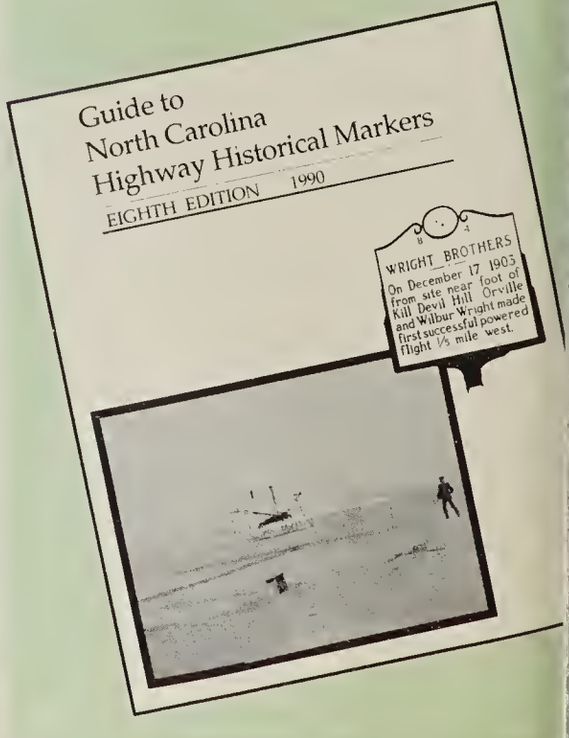

NORTH CAROLINA
Colonized. 1585-87. by first English settlers in America; permanently settled c. 1650; first to vote readiness for independence. Apr. 12, 1776.

New Book Focuses On State's 1,300 Historical Markers

A new book, detailing more than 1,30 highway historical markers across North Carolina, is now available for purchase through the mail.

Edited by Michael Hill and published by the North Carolina Historical Publications Section, *Guide To North Carolina Highway Historical Markers* includes the title, description and location of each historical marker in the state. The 194-page paperbound volume is divided into geographical sections for easy use.

The book is available for $8, plus $2 fo postage and handling. To order, send a check to Historical Publications Section (N), Division of Archives and History, 10 E. Jones St., Raleigh, NC 27601-2807.


Guide to
North Carolina
Highway Historical Markers
EIGHTH EDITION 1990
WRIGHT BROTHERS
On December 17, 1903 from site near foot of Kill Devil Hill Orville and Wilbur Wright made first successful powered flight ⅛ mile west.

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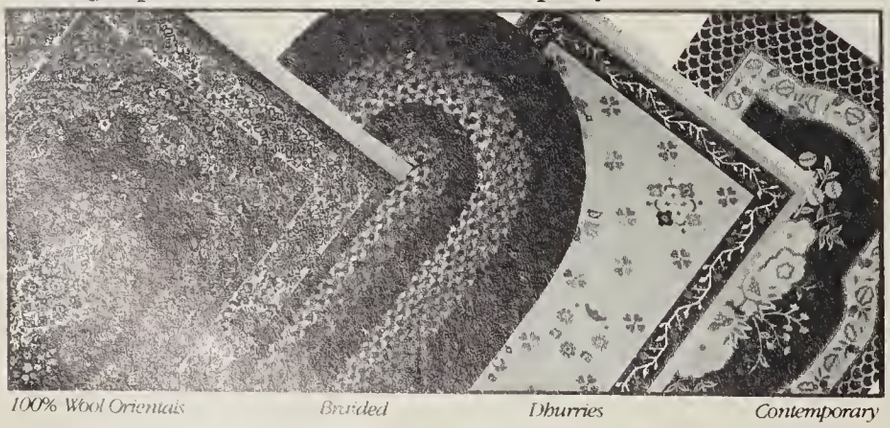

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HERE, THERE & EVERYWHERE

ve Inducted Into all Of Fame

Five business ders have been ducted into the rth Carolina Busi- ss Hall of Fame by state's Junior hievement organi- ion.

nducted were: ph W. Ketner, co- nder of Food Lion; omas I. Storrs, ired chief execu- e officer of NCNB; late J. E. Broyhill, o was chairman of yhill Furniture; the Luther H. Hodges, o served as gover- of North Carolina l later as U. S. retary of Com- rce and the late is V. Sutton, who s chief executive cer of Carolina wer and Light Co. ach laureate was sen for significant ntributions to his pective industry l his impact on nomic develop- nt in North Caro- a.

rivilege Card" ood At 56 olf Courses

Golf lovers can play ne of North Caro- a's top courses with Golf Privilege d, now available purchase through mail.

The card, sponsored by the American Lung Association of North Carolina, Eastern Region, offers golfers a chance to play any of 56 courses across the eastern half of the state.

The card can be purchased for $35, with the money going to aid programs sponsored by the American Lung Association.

For more information on the card, contact "Golf," P.O. Box 1407, Greenville, NC 27835. Phone: (919) 752-5093.

N. C. Awards Cite Five Men

The 1990 North Carolina Award has been presented to a popular artist, an author, a businessman and the heads of two major universities.

The awards, the highest honor given by the state, were presented by Gov. James G. Martin.

The recipients, and the categories in which they were cited, were:

Noted artist Bob Timberlake of Lexington, fine arts; author Leon Rooke, a Roanoke Rapids native now living in Canada, literature; Dr. H. Keith H. Brodie of Durham, president of Duke University, science; Dr. Dean Wallace Colvard of Charlotte, chancellor of the University of North Carolina-Charlotte, public service; and Frank H. Kenan of Durham, a trustee of the William R. Kenan Jr. Charitable Trust, public service.

Art Slide Programs Available To Community Groups

School, community and civic groups who are interested in a program on art may borrow slide presentations from the North Carolina Museum of Art at no charge.

The museum has more than 20 such programs which can be presented to adult and children's groups. The slide programs come in a carousel with a prepared script. Groups must furnish their own projector.

For more information on the slide programs, contact the museum at 2110 Blue Ridge Blvd., Raleigh, NC 27607. Phone: (919) 833-1935.

Cookbook Has "Best Of Best"

More than 400 of North Carolina's top recipes are featured in a new cookbook now available for purchase through the mail.

The Best of the Best from North Carolina contains about 300 pages of recipes taken from the state's most popular cookbooks.

The book features recipes from more than 40 North Carolina cookbooks, including Harkers Island's *Island Born & Bred* and Statesville's *Having Fun Cooking With Me.*

Edited by Gwen McKee and Barbara Moseley, the book also explains how to purchase the other cookbooks highlighted in the publication.

Published by Quail Ridge Press, the plastic-ring bound book is available for $14.95, plus $1.50 for postage. Send orders to Quail Ridge Press, P.O. Box 123, Brandon, MS 39043. For phone orders, call toll free: (800) 343-1583.

Purses Featured At Mint Museum Through May 26

Purses in every shape, size and material will be on display at Charlotte's Mint Museum of Art through May 26.

"The Posh Purse: A Decorative Accessory, ca 1780-1930," will showcase 40 examples of purses through the ages.

For more information on the exhibition, contact the Mint Museum, 2730 Randolph Road, Charlotte, NC 28207. Phone: (704) 337-2000.

HERE, THERE & EVERYWHERE

State Agency Cited For Work On Genealogy

The Historical Publications Section of the North Carolina Division of Archives and History has received the Award of Honor from the N. C. Genealogical Society.

The award is given for notable contributions to North Carolina genealogy.

The Historical Publications Section has been a valuable resource in genealogy, publishing books that have given specific information about people serving in the Civil War, records of emigrants from England and detailed histories of the state's counties.

The section's 1990-91 catalog lists more than 150 historical publications available to the public. For a free copy of the catalog, write to the Historical Publications Section (G), Division of Archives and History, 109 E. Jones St., Raleigh, NC 27601-2807. Phone: (919) 733-7442.

Antique Dolls Showcased At Snuggs House

Historic toys from the past century are on display through Jan. 19 in an exhibit at the Albemarle-Stanly County Historic Preservation Commission's Snuggs House in Albemarle.

Entitled, "Babes in Toyland," the exhibition features toys and dolls—some dating back to the 1870s.

Some of the toys featured include: original Barbie and Ken dolls, and dolls of Shirley Temple and Deanna Durbin from the 1930s.

For more information on the exhibit, contact the Albemarle-Stanly Historic Preservation Commission's Snuggs House, 112 N. 3rd St., Albemarle, NC 28001. Phone: (704) 983-7316.

"The Night Before" Breakfast Casserole
By Sue Springle, Morehead City

1 lb. hot ground sausage	6 eggs
1 C grated sharp cheddar cheese	2 C milk
2 slices bread, cubed	1 tsp. salt

Crumble and brown sausage and drain. Beat eggs with milk and salt. Layer bread cubes, sausage and cheese in a 9 x 13 x 2 inch casserole. Pour egg mixture on top. Cover and refrigerate overnight. Bake at 350° for 45 minutes.

Serves 6-8.

The recipe above is from a cookbook published earlier this year by Carteret-Craven Electric Membership Corporation (EMC), Morehead City.

The *Carteret-Craven EMC Cookbook,* published to commemorate the 50th anniversary of the co-op, contains more than 225 favorite recipes submitted by the co-op's members and employees. Mrs. Springle is a customer service representative for the EMC's Rural TV service.

Proceeds from the book will help support Project Care, a co-op program that supplies funds to help area residents cover their heating costs during the winter.

The cookbook was put together by a team of co-op employees under the direction of Betty Haskett, special services coordinator.

The book can be purchased for $6.75, including postage, by writing to: Cookbook, Carteret-Craven EMC, P.O. Box 1499, Morehead City, NC 28557-1499.

Checks should be made payable to Carteret-Craven EMC.

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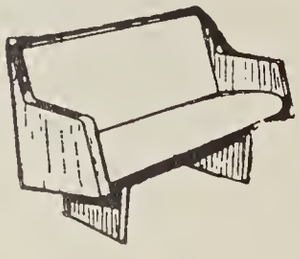

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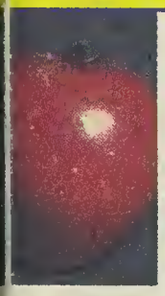
APPLE TREES

ALL DWARF FRUIT TREES ON PAGE 5



RED DELICIOUS

3 TO 5 FEET

One of America's favorite apples. It ripens in the Fall. Dark red color, firm flesh. Pollinate with Yellow Delicious.

$3.79 ea.

McINTOSH

3 TO 5 FEET

Large rich red fruit, crisp and juicy. Excellent for eating and cooking. Heavy bearer.

$3.79 ea.

YELLOW DELICIOUS

3 TO 5 FEET

A big beautiful, golden apple that ripens late. Trees are very vigorous and bear quite young. Good for home and fresh market sales. Pollinate with Lodi or Red Delicious.

$3.79 ea.

RED JONATHAN

3 TO 5 FEET

A deep red apple of highest quality with a delicious crisp, tender flesh. Fine for cooking and freezing. Pollinate with Jonathan or Yellow Delicious.

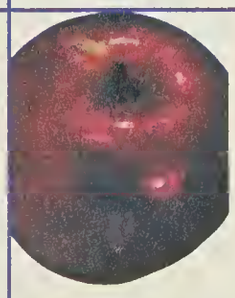
$3.79 ea.

GRANNY SMITH

3 TO 5 FEET

Granny Smith. One of the best keeping apples. A great cooking apple, has a delicious, pleasantly tart flavor. The skin remains a bright green when ripe. Pollinate with any other variety.

$3.79 ea.



RED ROME BEAUTY

3 TO 5 FEET

Large uniform size. Crisp, juicy, aromatic with white flesh. One of the longest keepers of all apples.

$3.79 ea.

STAYMAN WINESAP

3 TO 5 FEET

The most popular long keeping winter apple. An improved red strain with better color, large size and better keeping qualities. Pollinate with Red or Yellow Delicious.

$3.79 ea.

LODI

3 TO 5 FEET

The favorite early yellow apple. The same fine flavor as the Early Harvest, but much larger and firmer. Unsurpassed for cooking. Pollinate with Lodi or Yellow Delicious.

$3.79 ea.

GRIMES GOLDEN

3 TO 5 FEET

The tree is hardy, grows upright and is quite disease resistant. Medium to large, bright yellow, flesh fine grained. Highly recommended and widely planted to pollinate self sterile varieties. Pollinate with any other variety.

$3.79 ea.

3 TO 5 FEET

SEMI DWARF 3.98 EA.

3 TO 5 FEET

We offer you eight of the most popular varieties of Semi-Dwarf Apples. They are the most productive tree and grow 12 to 15 feet tall. They give you more fruit per limb, more fruit per tree.

Red Delicious	Stayman Winesap
Jonathan	Red Rome Beauty
Golden Nugget	Golden Delicious
Lodi	Grimes Golden

PEARS

DWARF PEARS ON PAGE 5

BARTLETT

2 TO 4 FEET

Grown profitably in every pear growing section in America. Trees vigorous and bear young. Large smooth yellow fruit with sweet white flesh. Flesh fine grained and juicy. Pollinate with another variety.

KEIFFER

2 TO 4 FEET

Ripens late September. One of the best known varieties and grows to a large size. Fruit long and heavy, flesh coarse and not so sweet. Largely planted for canning and is excellent for preserving. Plant with another variety for pollination.

$4.98 ea.

APRICOTS

MOORPARK

3 TO 5 FEET

The Moorpark Apricot is a large, yellow variety that is most widely planted. It bears in July and is of a Supreme Quality.

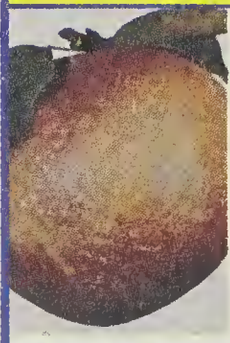
EARLY GOLDEN

3 TO 5 FEET

The Early Golden Apricot is large and yellow, which is better suited for the Southwest. It bears in early July and is Freestone. Plant two varieties for pollination.

$3.98 ea.

NECTARINES



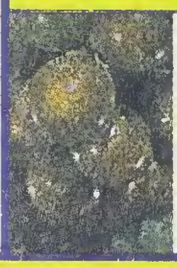
SURE CROP OR GARDEN STATE

3 TO 5 FEET

It resembles and grows like peaches with the same luscious, sweet, juicy, mellow golden flesh. The thin, smooth, plum-like skin is absolutely fuzzless. Self-pollinating.

$3.98 ea.

GRAPES



BRONZE SCUPPERNONG

1 TO 2 FEET

Large, thick-skinned, reddish-bronze berries with russet dots. Flesh is pale, with juicy sweet to agreeably tart flavor. Vine is vigorous and productive.

$1.98 ea.

PEACH TREES

ELBERTA

3 TO 5 FEET

Still the most popular peach on the market, and universally planted. Yellow freestone of excellent quality, juicy, firm, but tender. Tree is hardy, productive and disease resistant. Self-pollinating.

$3.79 ea.

BELLE OF GEORGIA

3 TO 5 FEET

Very vigorous, hardy and productive. Leading white variety for commercial use. Fruit large, with bright attractive red almost covering the white background. Flesh white, highly flavored and firm. Freestone. Self-pollinating.

$3.79 ea.

J.H. HALE

3 TO 5 FEET

Excellent for home and commercial planting. Large, yellow flesh firm. Freestone. Plant with any other variety to pollinate.

$3.79 ea.

HALE HAVEN

3 TO 5 FEET

Today's most planted, most popular and most dependable hi-yielding, hi-quality, hardy yellow freestone. Rapidly overtaking Elberta. Self-pollinating.

$3.79 ea.

GOLDEN JUBILEE

3 TO 5 FEET

A very popular early yellow flesh peach, excellent for home garden planting and local sales. Good size fruit of fine quality. A very important feature is its excellent winter hardiness which insures a fine crop each year. Self-pollinating.

$3.79 ea.

RED HAVEN

3 TO 5 FEET

Extra large freestone, gorgeous all-over red. Sweet golden flesh. Wonderful for desserts and freezing. Ripens early. Good for home planting.

$3.79 ea.

DIXIE RED

3 TO 5 FEET

Outstanding early peach of finest quality. Deep red blush, sweet juicy flavor.

$3.79 ea.

CHERRY TREES

MONTMORENCY (Sour)

Universally recognized the best sour cherry for eating fresh, canning, baking and preserving. Bears large fruit very young. America's favorite hi-yielding cherry. Self-pollinating. **2 to 4 feet.**

$4.98 ea.

BLACK TARTARIAN (Sweet)

The big, almost black sweet cherry everyone likes. Fine for eating, canning and freezing. Luscious cherries ripen in June. Self-pollinating. **2 to 4 feet.**

$4.98 ea.

BING (Sweet)

Large, delicious, dark red fruit with rich, firm flesh. Excellent for eating, canning and preserves. Ripens mid-June. Self-pollinating. **2 to 4 feet.**

$4.98 ea.

NEW PIONEER (Sweet)

Hybrid cherry, cross between Van and Bing cherries. **2 to 4 feet.**

$4.98 ea.

PLUM TREES

BURBANK

3 TO 5 FEET

Large, purplish-red plum with yellow delicious flesh. A very prolific variety. Excellent eating and commercial plum. Good shipper. Ripens late June. Plant with another variety.

$3.79 ea.

SANTA ROSA

3 TO 5 FEET

This large plum matures very early. The tree bears heavily. To avoid "June drop", the dropping of excess fruit, thin the fruits. Plant with another variety.

$3.79 ea.

METHLEY

3 TO 5 FEET

One of the better varieties. Fruit is large in size, reddish purple in color with red flesh. Tree does well on most types of soil. Heavy annual bearer. Good shipper. Self-pollinating.

$3.79 ea.

DAMSON

3 TO 5 FEET

Very dark blue, and bears in August.

$3.79 ea.

Good windbreak plant and wildlife cover, providing wildlife food in the fruit. Grows to 12 ft. high. Has a silvery foliage when young and covered with silvery berries which finally turn red in fall.

AUTUMN OLIVE 1 to 2 ft. $.98 ea.
10 for $9.00 100 for $50

FLOWERING TREES

GOLDEN RAIN TREE

3 TO 5 FEET

This medium sized tree does not usu grow over 30 feet tall. Does well variety of soils, but seems better su to open sunshine than to shade. summer brings showy 12 to 18 clusters of lemon-yellow flowers.

$3.98 ea.

DOUBLE PINK FLOWERIN CHERRY

3 TO 5 FEET

The upright form of the famous J nese Cherries. An outstanding speci for the lawn. Very large dark pink bl in early spring. Ultimate height 30

$7.98 ea.

PURPLE LEAF PLUM

3 TO 5 FEET

Bright red coppery foliage that hold color very well, lasts throughout growing season. Occasionally a goo of red plums which are edible ar on the trees. It grows up to 20 feet, in full sun on practically any soil.

$3.98 ea.

SCARLET OAK

3 to 5 feet

Fast growth to 90 feet with b spreading branches and round cr Leaves turn to dark red then ruddy b and orange in fall. Deciduous.

$3.49 ea.

RED OAK

3 TO 5 FEET

Tree with rounded, open crown of spreading branches, and smooth g like bark with short ridges. Turns r Fall, grows to 80 ft. tall.

$3.49 ea.

EUROPEAN MOUNTAIN AS

3 TO 5 FEET

Very hardy, dense head, and reg beautiful fernlike green foliage, co from July till winter with clusters of b red berries. The combination of fo and clustered fruits make this the striking and beautiful. Ultimate h 30 feet.

$3.98 ea.

MAGNOLIA GRANDIFLOR

2 TO 4 FEET

Perhaps the best known tree in the S these magnificent shade trees planted around the early plant houses for their cooling breezes and enormous (one foot) fragrantly deli flowers. At maturity these evergreen grow up to 50 feet.

$5.98 ea.

GREEN ASH (3 to 5 ft. $2.79

Dense, twiggy tree with compact crown, and bright green foliage shaped, moderate grower to abo feet. Hardy.

WARF FRUIT TREES 2 TO 4 FEET OVER 20 VARIETIES

DWARF YELLOW DELICIOUS

2 TO 4 FEET

ger just a special feature of exclusive gardens, dwarf ees are now available to all, and at reasonable prices. wonderful space saving trees are produced by bud- grafting regular varieties on special dwarfing root- Even though the tree remains much smaller, the of full size and quality. One outstanding feature of trees is that they begin to bear fruit when only 2 or old. Just the thing for home gardens where space aluable. These trees usually reach 6 to 8 feet tall at ty.

ALL DWARF FRUIT TREES ARE SHIPPED 2 TO 4 FEET

	CHOOSE FROM	ONLY $3.79 EACH
WARF PPLES	• Red Delicious • Yellow Delicious • Granny Smith • Stayman Winesap • Grimes Golden • McIntosh • Red Rome Beauty • Lodi • Red Jonathan	
WARF EACHES	• Elberta • Belle of Georgia • J.H. Hale • Hale-Haven • Golden Jubilee • Red Haven • Dixie Red	
WARF EARS	• Kerffer • Bartlett	ONLY $5.98 EACH
WARF RICOTS	• Moorpark • Early Golden	ONLY $3.98 EACH
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WARF ERRIES	• Montmorency • Black Tartar • Bing • Pioneer	ONLY $5.98 EACH
WARF LUMS	• Burbank • Santa Rosa • Methley • Damson	ONLY $3.79 EACH

NUT TREES

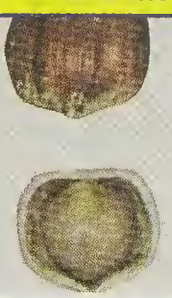
AS LOW AS $2.49 EACH

PECAN SEEDLINGS

Rapid-growing, sturdy. Delicious kernels are usually smaller than grafted pecans.

1 to 2 ft.

$2.49 ea.



AMERICAN FILBERT
EUROPEAN FILBERT

Quick-bearing, dwarf growing. Easy cracked, large sweet kernels, shell whole.

3 to 5 ft.

$3.49 ea.

HALLS HARDY ALMOND

Thrives wherever peaches are grown. Grows rapidly to 15-20 ft. Bears young.

2 to 4 ft.

$5.98 ea.

ENGLISH WALNUT

Broad-headed, excellent for shade. Grow fast, bear young. Large, thin-shelled, easy to crack nuts.

2 to 4 ft.

$8.98 ea.

THOMAS BLACK WALNUT

3 to 5 ft.

$9.98 ea.

SWEETHEART CHESTNUT

The "Sweetheart" Chestnut is a cross between a West Virginia Sweet Chestnut and the blight resistant Chinese Chestnut. 3 to 5 ft. **$9.98 ea.**

BLACK WALNUT

Improved walnut with large, thin-shelled nuts. Plump meat cracks from shell easily. Self-pollinating. Ripens late fall.

3 to 5 ft.

$4.98 ea.

CHINESE CHESTNUT

The trees are rapid-growing, quick to bear, and produce rich flavored sweet nuts. Requires no cross-pollination.

3 to 5 ft.

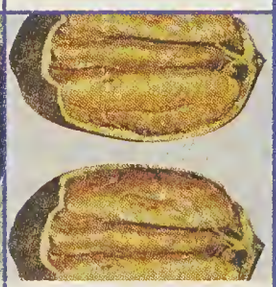
$4.98 ea.

BUTTERNUT

Enormous shade tree. Produces spicy aromatic nuts excellent for desserts and candies.

3 to 4 ft.

$6.98 ea.



DESIRABLE, STUART OR MAHAN PECAN PAPERSHELL

One of the larger pecans. Excellent cracker, bears early. Disease resistant. 2 to 4 ft.

$9.98 ea.

EVERGREENS

ALL ½ TO 1 FT.

COLORADO BLUE SPRUCE

Popular, valuable evergreen. Pyramidal shape, color adds beauty and value to property. Matures at 50 ft. **.98 ea.**

NORWAY SPRUCE

One of the best known and hardiest spruces. Conical in habit. Dark green foliage. Fast growing. Matures at 50 ft. **.98 ea.**

WHITE SPRUCE

Resembles the Colorado Blue Spruce but has a grayish white cast rather than blue. Matures at 50 feet. **.98 ea.**

SCOTCH PINE

A favorite of Christmas tree and ornamental growers. Short blue-green needles. Medium growing. Grows to 35-40 ft. **.98 ea.**

CANADIAN HEMLOCK

Medium large tree with a dense pyramid-shaped crown. Extremely fast-growing. Matures at 60 ft. **.75 ea.**

WHITE PINE

Extremely hardy tree valued for wood. Ideal screen or windbreak. Soft blue-green needles. Grows to 30 ft. **75 ea.**

RHODODENDRON

Very bushy evergreen shrub with glossy leather-like foliage. Large blooms of pink, red, purple or white. **2.98 ea.**

MUGHO PINE

Ornamental. Grows into low, round ball about 6 ft. tall. Dark green needles about 2 in. long, grow in pairs. **.98 ea.**

EVERGREENS

Gardenia ½ to 1 ft.	1.49 ea.
Camellia ½ to 1 ft.	1.49 ea.
Burfordi Holly ½ to 1 ft.	1.49 ea.
Dwf. Burfordi Holly ½ to 1 ft.	1.49 ea.
Blue Rug 4 to 8 inch	1.98 ea.
Andorra Juniper ½ to 1 ft.	1.49 ea.

FLOWERING SHRUBS

Red Weigelia 1-2 ft.	1.98 ea.
Rose of Sharron 1 to 2 ft.	.98 ea.
Red Bush Honeysuckle 1 to 2 ft.	1.98 ea.
Red Barberry 1 to 2 ft.	1.98 ea.

RS WELCOME • GARDEN CENTER OPEN 7 DAYS A WEEK FROM 8 AM TO 4 PM, OCTOBER 1—MAY 1 • HWY 56 SOUTH

GOLDEN CHAIN TREE

2 TO 4 FEET

Rare low growing tree with long clusters of pure golden yellow. Wisteria-like blossoms in May. Cloverlike leaves. Height 20 to 25 feet.

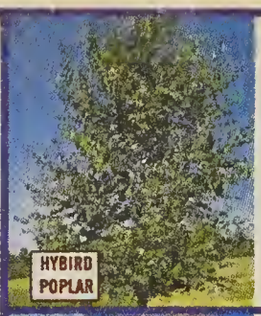
$4.98 each

GINKO TREE

2 TO 4 FEET

Very effective for lawns, foliage fernlike, yellow-green marked with delicate hair-like lines. The fruit, which matures in the fall, has a sweetish, resinous taste, 50 feet at maturity.

$6.98 each



HYBRID POPLAR

3 TO 5 FEET

World's fastest growing shade tree. Thrives in a wide range of soils. Dense foliage—matures at 50 feet.

$3.98 each

JAPANESE WEEPING CHERRY

3 TO 5 FEET

Magnificent wide-drooping branches that reach the ground—tolerant of most soils—a real specimen.

$16.95 each

"NEW" ARCTIC KIWI

4 TO 6 INCHES

Arctic Kiwi does well anywhere in country It has 20 times more vitam than any other citrus fruit. One fe vine will produce several poupds of annually after 3 years. Our trio pacl includes 2 females and one mal insure adequate pollination. **3 plan male, 2 females.**

THREE FOR $9.95

REDSPIRE CALLERY PE

2 TO 4 FEET

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Three Honored For Grassroots Leadership

A Windsor woman, a Franklin man and a Winston-Salem woman have been awarded the 1990 Nancy Susan Reynolds Awards for extraordinary leadership at the grassroots level.

The winners are:

- Alice Ballance of Windsor, who worked to help relieve the effects of poverty on the citizens of Bertie County, honored for community change.
- Walton Smith of Franklin, who has been an advocate of sound environmental management of public forests in Western North Carolina, honored for advocacy.
- Ann McKenzie of Winston-Salem, who started and nurtured a boarding house for developmentally disabled men, honored for personal service.

The Nancy Susan Reynolds Awards are given annually by the Z. Smith Reynolds Foundation to North Carolinians who have worked without much recognition and in ways that may be outside the mainstream of existing organizations.

Each award is accompanied by a grant of $25,000, $20,000 of which is designated to charitable organizations chosen by the recipient, and $5,000 of which is given to the recipient. The awards are believed to be the only ones of their kind.

Alice Ballance, 71, grew up in poor, rural Bertie County, where her parents were sharecroppers. As an adult, she saw white farmers tear down houses and displace poor, black tenants. She became determined to help the tenants.

Since the early 1960s, Mrs. Ballance has worked to help relieve the effects of poverty on her fellow citizens. She has found housing for those displaced sharecroppers and helped to open the welfare system to them. She also developed poverty programs, a day care center serving 150 children with a staff of 20, an adult day care center, health and dental clinics and job programs.

In 1966, she testified before a U. S. Senate Committee on poverty, offering an impassioned plea that drew extensive national media coverage.

In addition, she organized highly successful voter registration drives, personally teaching men and women to read the Constitution so that they could pass the literacy test. She personally has been responsible for putting thousands of Bertie County voters on the registration rolls.

Walton Smith, 80, has been an important advocate for people who are concerned about how the U. S. Forest Service is managing the million acres of public forest in Western North Carolina.

They are particularly concerned about widespread clearcutting of forests, in which all trees in a designated area are cut without regard to species, size or the terrain of the land.

A professional forester for almost six decades, Smith has provided the Western North Carolina Alliance, a citizen group, with leadership and knowledge, enabling thousands of people to protest public policies knowledgeably.

He has offered technical arguments on behalf of citizen groups and devoted many hours to speaking to citizen groups, and to publishing newsletters fostering public understanding of forest management.

Ann McKenzie, 51, started her boarding house in Winston-Salem in 1984, naming it "Applecross House," after the ruins of a Scottish abbey. She felt the lives of the people she had taken in were also in ruin.

A fulltime public school English teacher, Miss McKenzie devotes virtually all of her non-teaching time to a group of developmentally and emotionally disabled men—men that society has rejected. Her service is strictly voluntary—a private, non-governmental operation that's not a group home or an "institution."

She gives her boarders shelter, helps cook dinner for them daily, takes them on trips, helps to build their self-esteem, hugs them, disciplines them and teaches them to be more or less self-sufficient. Most of them hold jobs, ride the bus, have bank accounts.

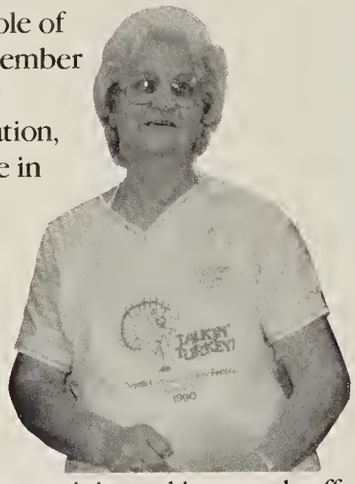
"It is up to those of us who are fortunate to try to ease the plight of those that are less fortunate," she said.

The awards were established in memory of Nancy Susan Reynolds, who died in 1985. Mrs. Reynolds was born in Winston-Salem but lived most of her life in Greenwich, CT. Even so, she maintained a keen interest in her native state, often visiting and giving regularly to charitable causes in the state.

The Z. Smith Reynolds Foundation was established in 1936. During its history, it has made grants of more than $160 million to projects in all 100 counties in North Carolina.

Nominations for the 1991 Nancy Susan Reynolds Awards may be made at any time prior to the June 15 deadline. They should be made on forms that are available from the Z. Smith Reynolds Foundation, 101 Reynolda Village, Winston-Salem, NC 27106-5199.

COUNTRY KITCHEN



Mrs. Blanche Poole of Sparta, a consumer-member of Blue Ridge Electric Membership Corporation, Lenoir, won first place in the 1990 North Carolina Turkey Cooking Contest with this month's "Country Kitchen" recipe: "California Skillet." She won the $500 prize over four other contestants who participated in a cook-off in Raeford. The other winners were Ruby Ingram of Kernersville, Judy Warren of Charlotte, Mary W. Shore of Walnut Cove and Deborah Simmons of Laurel Hill.

Copies of all the winning recipes are available without charge. Send a self-addressed, stamped envelope to Turkey Contest Recipes, N. C. Turkey Federation, 4020 Barrett Drive, Suite 102, Raleigh, NC 27609.

California Skillet

Submitted by Mrs. Blanche Poole, Sparta

1 tbsp. oil
1 lb. ground turkey
1 C chopped onions
2 C water
1 (10 oz.) can condensed tomato soup, undiluted
1 (12 oz.) can whole kernel corn, undrained
1 C elbow macaroni, uncooked
1 tbsp. chili powder
1 tsp. salt
1 tsp. pepper
1 tsp. Worcestershire sauce
1 C cheddar cheese
1/2 C sliced pitted ripe olives

In a large skillet heat oil. Add turkey and onion. Cook until meat loses its pink color. Stir in remaining ingredients except cheese and olives. Cover and simmer 20 minutes. Stir in olives. Sprinkle with cheese. Cover and cook just until cheese melts. (Serves 6-8).

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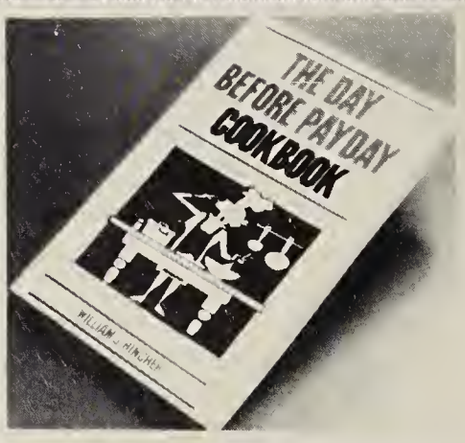

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The Way We Lived (Durham 1900-1920) by James G. Leyburn. Northcross House. 228 pages. $19.95.

This fascinating volume, concentrating entirely on Durham as it was in the opening decades of this century, offers a backward glance that might make you want to travel in time to these "good old days."

Dr. Leyburn draws on his own experiences, no doubt aided by considerable research, to describe a period when you didn't have to lock your doors, when husbands came home to the midday meal, when street cars were propelled by electricity and much of the downtown traffic consisted of horse-drawn vehicles.

Electric street lights for downtown Durham came only in 1913 (before that there were a few carbon or gas lights) and paved downtown streets came even later.

Folks lived in large or small wooden houses, each of them showing the ingenuity of skilled carpenters. Mothers sewed their own dresses and made shirts for their male offspring, using "patterns" and cloth purchased from the dry goods stores downtown.

"Downtown" is a relative term. The Census of 1900 gave Durham only 6,679 people, but the Chamber of Commerce (yes, there was a Chamber of Commerce) pushed out the boundaries in a publication to claim "some 20,000" people in and near Durham.

Durham could boast Trinity College, the parent institution of Duke University, as well as tobacco manufacturing, cotton mills and smaller industrial plants. A park, a "well-filled public library," hospitals, three fire houses and six graded school buildings were points of pride.

Transportation to nearby cities was provided by railroads, and Durham was proud of its "dee-poe" where the trains came in. People coming to work in Durham usually lived in downtown boarding houses; after supper folks sat on the front porch in rocking chairs to watch the city swirl by. Youngsters played kick-the-can and hide and seek. Older folks walked downtown.

Farmers in the Durham area used their land mostly to grow their own food. With some left over, they loaded their wagons with vegetables and came to town, selling produce door-to-door. Tobacco and cotton were their money crops.

Young women married and normally were soon "in a family way." The word "pregnant" was strictly forbidden. Young women were chaperoned, so courtship took a bit of arranging. An unmarried woman of 28 was considered an "old maid" and was an object of pity. Young people took sandwiches in paper bags to school; lunchrooms were to appear in the future. Some families had ice boxes, serviced regularly by the ice man and his wagon.

The author has excellent recollection of his schooling, which was what you would expect for a youngster of the upper middle class. He read *Ivanhoe* and studied Hygiene, Latin or French or Spanish, Shop, Business or Drawing. Girls took Domestic Science or Drawing.

The author does an excellent job of depicting everyday existence in the time span he selected. A few well chosen photographs add to the portrait. So we see a drugstore, several photos of "prominent citizens," a downtown street with a trolley on its tracks and men on the sidewalk, and even a shot of Dr. Leyburn standing by a statue of Washington Duke.

If you're fascinated by a way of life that's long since passed from the scene, here's a marvelous resource that captures the essence of that lifestyle.

—Frank Jeter

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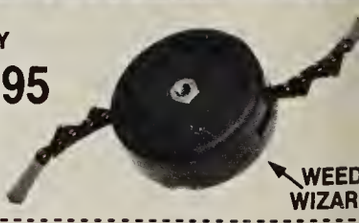

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HANK'S GARDENING GUIDE

By Hank Smith

Autumn has now given way to winter. The cooler weather reminds us to check our supply of firewood, making certain that there will be plenty on hand for the holiday season and the weeks of winter that lie ahead. On a cold night, look ahead to spring by browsing through a good book on gardening. And, allot time to check catalogs and make your plant and seed lists for late-winter and early-spring plantings.

The landscape in both the forests and home yard is alive with greenery that can be used in holiday decorations. Among the wealth of such materials are holly, cedar, pine, magnolia, photinia, wax myrtle and glossy ligustrum.

Check Out Mulches

Since the worst of winter is yet to come, you'll want to check your shrubs to see that the mulches are still holding up. Replenish mulches to a depth of four inches. This is especially important if you are using a loose material such as pine straw.

Mulches help to conserve moisture within the rot zone of plants. This is especially important for plants that suffer the loss of moisture due to winter winds blowing against the foliage.

Attract Birds—They'll Commit Insecticide For You

Many adult insects are absent from the garden during winter as they are well out of sight. They're deep in the bark of trees or underground—but their eggs are easily found by sharp-eyed birds. During winter birds eat many eggs of insects and mites.

To attract birds to your yard, plant berry-bearing shrubs. Euonymus, ligustrum, nandina, pyracantha, sumac, Callicarpa and barberry are among those that produce berries the birds find attractive.

It is helpful to provide well-stocked feeders. Use such foods as seed, breadcrumbs, suet and peanut butter. Birds will consume feed from their natural sources of food, insect eggs and they'll supplement their diets with food from feeding stations.

Overheating House Plants

Too warm an atmosphere can be fatal to house plants, those sources of winter cheer to the home interior. Most house plants like a cool room where the temperature is between 55 and 70 degrees—a fringe benefit in our efforts to conserve energy.

Very few potted plants grow well in the dry atmosphere of 70 to 75 degrees. When the temperature gets to 75 degrees and above for long periods of time, most pot plants fail.

Too Tidy

Too much tidiness in the flower garden can do more harm than good. Fallen leaves, anchored to the ground by dead stalks of hardy plants, will give protection to the young shoots and sprouts of such plants. If they are free of diseases and insects, it usually is best to let these leaves remain over winter.

The same is true for dead stalks of such plants, provided they are free of insects and diseases. In most cases, the living parts below will benefit if the old stalks are left over the crown as a winter mulch.

Lawn areas should be raked and kept free of leaves or other shade-making covers. Hardy grasses need light even in winter.

Tips For An Early Winter

1. If rainfall has been scant, give newly-planted trees and shrubs a good soaking with the garden hose.
2. Remove dead and unwanted branches from trees and shrubs.
3. Spray fruit trees with lime sulphur to kill any overwintering pests. Also spray rose bushes and climbers.
4. Move those shrubs that you decided last summer were not growing in the proper location (because of width, height, or sun/shade exposure.)
5. Don't mow fescue or rye grass if a severe freeze is in the forecast for that night.
6. If you must replace garden tools, take advantage of off-season reduced prices that may be in effect now.
7. Clean up and burn all twigs and litter found under pecan trees to prevent twig girder damage.
8. For best results in the rose garden, choose only No. 1 grade bushes. Plant in well prepared beds.
9. Have soil tested and spread lime if needed.
10. Apply winter-strength dormant oil spray to deciduous trees and shrubs to kill overwintering insects. Spray may be applied from now until late winter.
11. Keep ball of balled-and-burlapped plants moist until they are planted in their permanent location.
12. Have a very Merry Christmas and look forward to a prosperous gardening year in 1991.

Get A Head Start On Spring's Backyard Pleasures

As winter winds blow, you can get a head start on next spring's backyard pleasures by spending some time in your home workshop building your own outdoor furniture.

Step-by-step instructions will guide you in making our glider settee and our Adirondack-style loveseat.

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You may also want to try our collection of eight popular backyard projects, including a chaise, bird shelters, a lawn swing and more! Order LAWN PACKET, #C22, $9.00. (#C22 does NOT include #369). All pattern prices include postage and handling.

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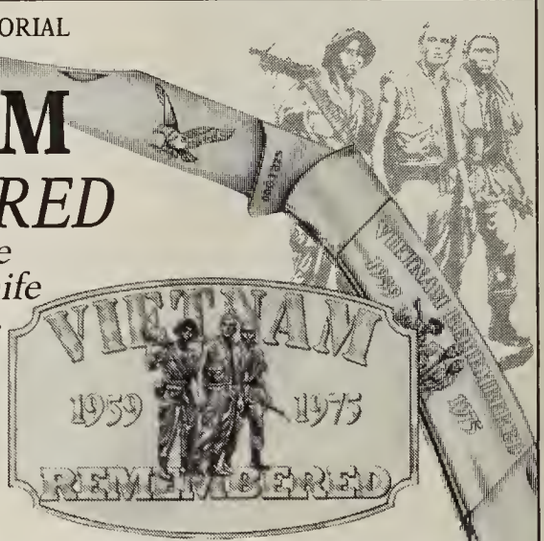

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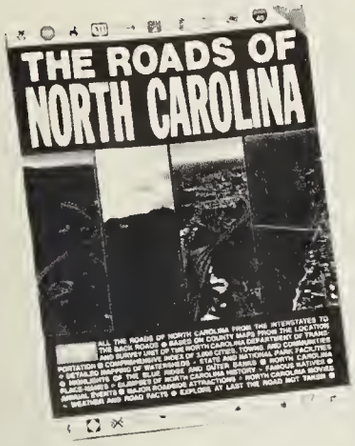

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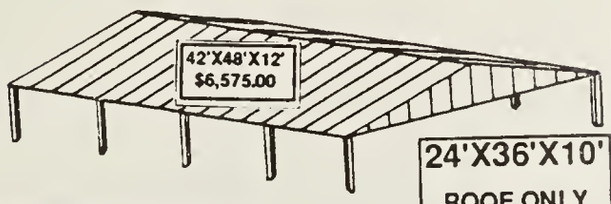

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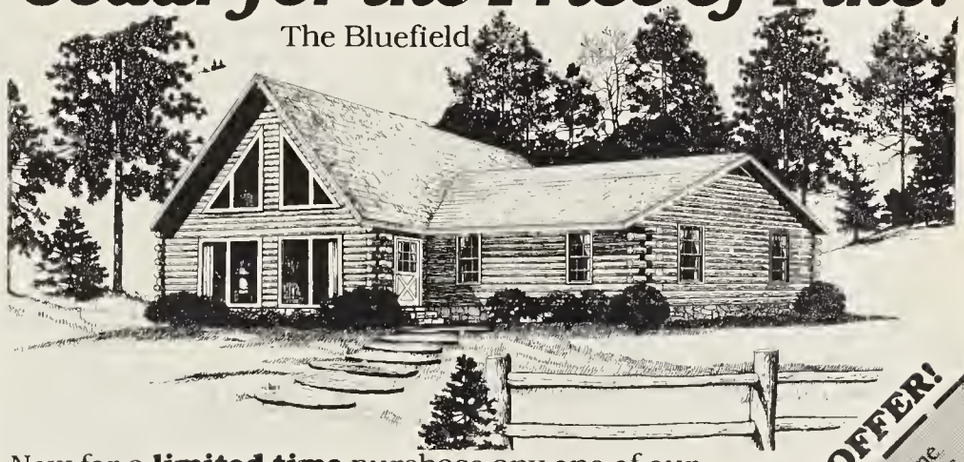

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Second of two parts

You Need Patience To Untangle Medicare Red Tape

In last month's column, we examined the very useful 1990 *Medicare Handbook* (Publication No. HCFA 10050), which is provided by the Social Security Administration automatically when people begin this coverage.

The manual is a useful guide to services provided. It's easy to read and understand. It's a real help.

But to be quite candid, additional help is often needed. This applies especially to Medicare Part B, for which enrollees pay a monthly fee as well as a deductible and a separate co-insurance.

For example, it is very useful to have a back-up medical insurance policy, whether it's entitled "Medi-Gap" insurance (designed to fill "gaps" in your Medicare coverage) or if it's just standard hospitalization or medical insurance. Both types can be helpful.

You are quite fortunate if you had good "hospital insurance" on the job and are allowed to continue the same coverage in retirement. In many cases, you may have to pay a fee for all or part of this coverage after you retire.

Many retired couples can both get coverage under a policy that was carried by either husband or wife.

The many services outlined in *The Medicare Handbook* seem impressive but don't get the idea that everything will be taken care of through this program. It's never that simple. Medicare's strongest point is the coverage provided for people receiving services in a hospital, and even in this case certain payments are required of you.

For example: Even though you are provided hospital services, you must pay a $592 deductible for the first 60 days in a hospital. The figures applied for 1990; those for 1991 are not yet in. Most folks don't stay in a hospital anything like 60 days, but the deductible remains.

If you stay more than 60 days, you (or your other insurance) must pay "co-insurance" of $148 a day for the 61st through 90th day of each benefit period. If you are hospitalized for more than 90 days the co-insurance goes up to $298 a day for your "reserve period." You get only 60 "reserve" days in your lifetime.

A bright spot in your Part A coverage is that any hospital you are likely to enter will be equipped to file your Medicare Part A, and they will normally wait for the balance until the Medicare check gets to them.

The situation regarding claims procedures on Part B has also recently improved. For the first eight months of 1990, some folks had to file their own Part B claims, using itemized bills provided by physicians, clinics or other medical service providers. And many folks have problems with filing claims. Of course, some providers have routinely filed Medicare Part B claims for their clients. The others must now follow suit.

Since Sept. 1, 1990, every doctor, clinic or similar provider has been required by Social Security to prepare and submit Medicare claims, whether Part A or B. What's more, they cannot charge for this service.

If you already have Medicare, and your provider refuses to file your Part B claim, report this to the Social Security office. Virtually all providers are expected to cooperate fully with this new requirement.

This applies whether or not the doctor will take Medicare payment as "payment in full." Many will not agree to do this.

The doctor still has the right to ask for payment at the time of treatment, with the Medicare check coming to the patient. This can take time, sometimes many weeks.

You must meet a $75 deductible each year, before getting any payment.

You must also expect to receive something less than the full amount you paid for your medical service.

Let's use an actual case history as an example: A man with Medicare Parts A and B had met the $75 deductible, and incurred a modest bill for services from his family doctor. The amount was only $22.44—a small bill in 1990.

But the Medicare agency did not approve the full $22.44. Instead, it put down the amount of $18.70, saying the smaller sum is "the prevailing

By 5.4 Percent

Social Security Benefits Going Up

People receiving Social Security benefits will see an increase of 5.4 percent in their checks in early January, 1991. This cost-of-living adjustment is based on the consumer price index through September, 1990.

The same increase will be allowed for federal retirees, whether they are retired from the military services or from the civil service ranks.

In addition, Social Security recipients who are enrolled in Medicare will also see the annual deductible for doctors' care rise from $75 to $100.

charge in the area" for the service provided. Then they calculated 80 percent of the approved amount of $18.70, which meant the customer received a check for just $14.75.

As it happened, he had supplemental hospital insurance which paid him the difference between the doctor's charge and the actual Medicare check. But he had to file a claim and wait about four weeks for the $7.69 reimbursement. And he had paid the original $22.44 at the time of treatment, about 10 weeks earlier.

What's more, this patient received a stern admonition from the Medicare providers. The claims representative, an anonymous individual with an anonymous computer, offered a lecture about doctors who refuse to "accept assignment," which means taking Medicare's maximum fee as payment in full. In this case, the doctor would have accepted the $14.75 as total payment.

The many services outlined in The Medicare Handbook *seem impressive but don't get the idea that everything will be taken care of. It's never that simple.*

Then the claims representative cited a section of the *Medicare Handbook* which makes a strong case for Medicare recipients to patronize only physicians who do accept assignment.

You do have some recourse. Medicare Part B coverage in North Carolina is provided by Equicor, Inc., P.O. Box 671, Nashville, TN 37202. But the company provides a toll-free number to serve North Carolina. You can call 1-800-672-3071 and talk to an actual human being. It is also possible that your private insurance company, the one that backs up Medicare, might have a similar line you can use.

But for all the good service that Medicare can and does provide, you need to be well-organized, patient, adept at keeping records and willing to wait for claims to be settled. If you meet these conditions, and can fill out a blank form, you'll be able to get substantial assistance when you enter "The Medicare Age."

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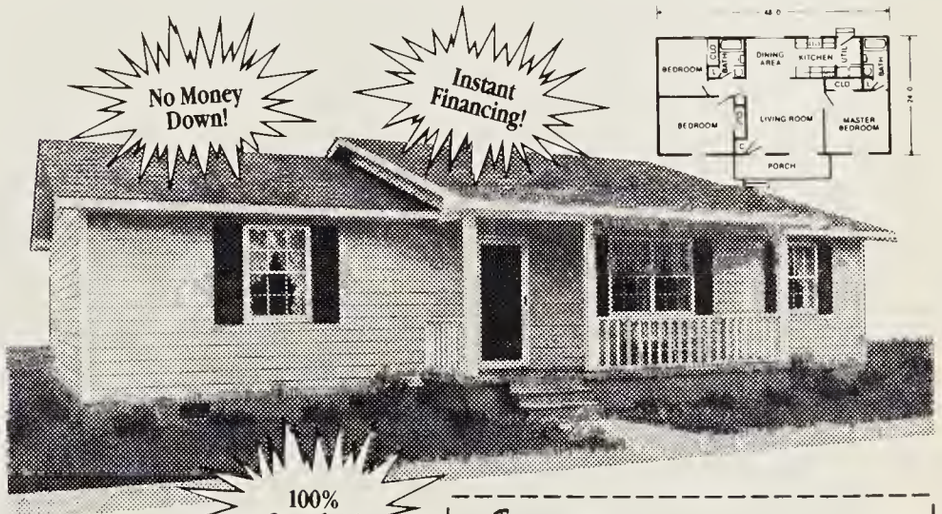

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By Owen Bishop

St. Nick's Harkers Island Visit

by George G. (Jerry) Barton

T'was the night a'fore Christmas and bright shone the moon,
The only thing stirring was a pot of stewed Loon.
The windows were open to air out the place,
For lurking Game Wardens, there was nary a trace.
The roar of an outboard fell on my ear,
To get caught with a Loon quite filled me with fear.
I looked out the window, what frightened me more,
Were two running lights headin' right for my shore.
"Youngerns," said I, "we're in a beck of a scrape,"
The best thing for me is to plan my escape.
Who comes to my doorstep from out of the sea?
With my pot full of Loon, I am all set to flee.
The engine choked off, there was a yell and a thump,
It was jolly old Santa a'ground on a lump.
He pulled on his waders and stepped off his boat,
Next thing he knew the water's up to his throat.
He muttered and grumbled and I swear that he swore,
As he staggered and stumbled out onto the shore.
His sack full of goodies and gifts for our fun
Was loaded with water and weighed near a ton.
He came toward my cottage to leave off the presents
And trod on a nest with two sleeping pheasants.
They flew from their nest with a thunder of wings,
He fell on his rump and broke half of his things.
He got to his feet and, dragging his sack,
He limped to the landing, not looking back.
He muttered and grumbled on the way to his skiff,
He hardly could board it 'cause he was so stiff.
He cranked on his engine 'til blue in the face,
When it got started, off he did race.
The last thing I heard as he hove out of sight,
"Haint I bin punished and momicked this night!!"
I wish he had stayed and not left so soon,
For I fix'd him some dodgers and a mess of stewed Loon.

Poetic Whimsy Marks Season

To mark the Yuletide season, we offer a bit of poetic whimsy from George G. (Jerry) Barton of Harkers Island —with apologies to Clement C. Moore.

Barton's lighthearted verse describes St. Nick's visit to Harkers Island, with the jolly ol' e interrupting an islander as he is cooking up a Christmas feast of "stewed loon." The aquatic bird is a protected species that island residents often kiddingly threaten to serve on special occasions.

Barton, an electronic engineer who enjoys writing in his spare time, is a New Jersey native but has made his home on Harkers Island since 1952.

"I think in a couple of years I'll qualify for citizenship," he said.

He's been on the Board of Directors of Harkers Island Electric Membership Corporation (EMC) for the past 15 years.

He became inspired to pen the poem by comments he often hears around the island about the loon being off limits for hunters.

"Some people call it the Harkers Island tur key," he said.

Clement Moore's Original *Visit* Created Santa's Modern Image

Clement C. Moore, who inspired George Barton's poetic vision of St. Nick dropping in on Harkers Island, is credited with creating the familiar modern-day image of Santa Claus.

When Moore penned his famous *A Visit From St. Nicholas* in 1822, St. Nick had never before been described in such terms. Until the he had never worn a fur-trimmed red suit or ridden in a sleigh drawn by "eight tiny reindeer." And he'd never before been seen cavorting on rooftops or dropping down chimneys.

Dr. Moore had written the poem especiall for his children and initially hesitated to have it published. He finally agreed to publication and the first edition was issued in 1823.

The poem's word portrait of Santa Claus became even more deeply etched in the minds of Americans during the Civil War, when noted cartoonist Thomas Nast sketched a rotund, jolly Santa entertaining Union troops.

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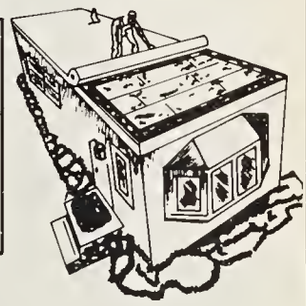

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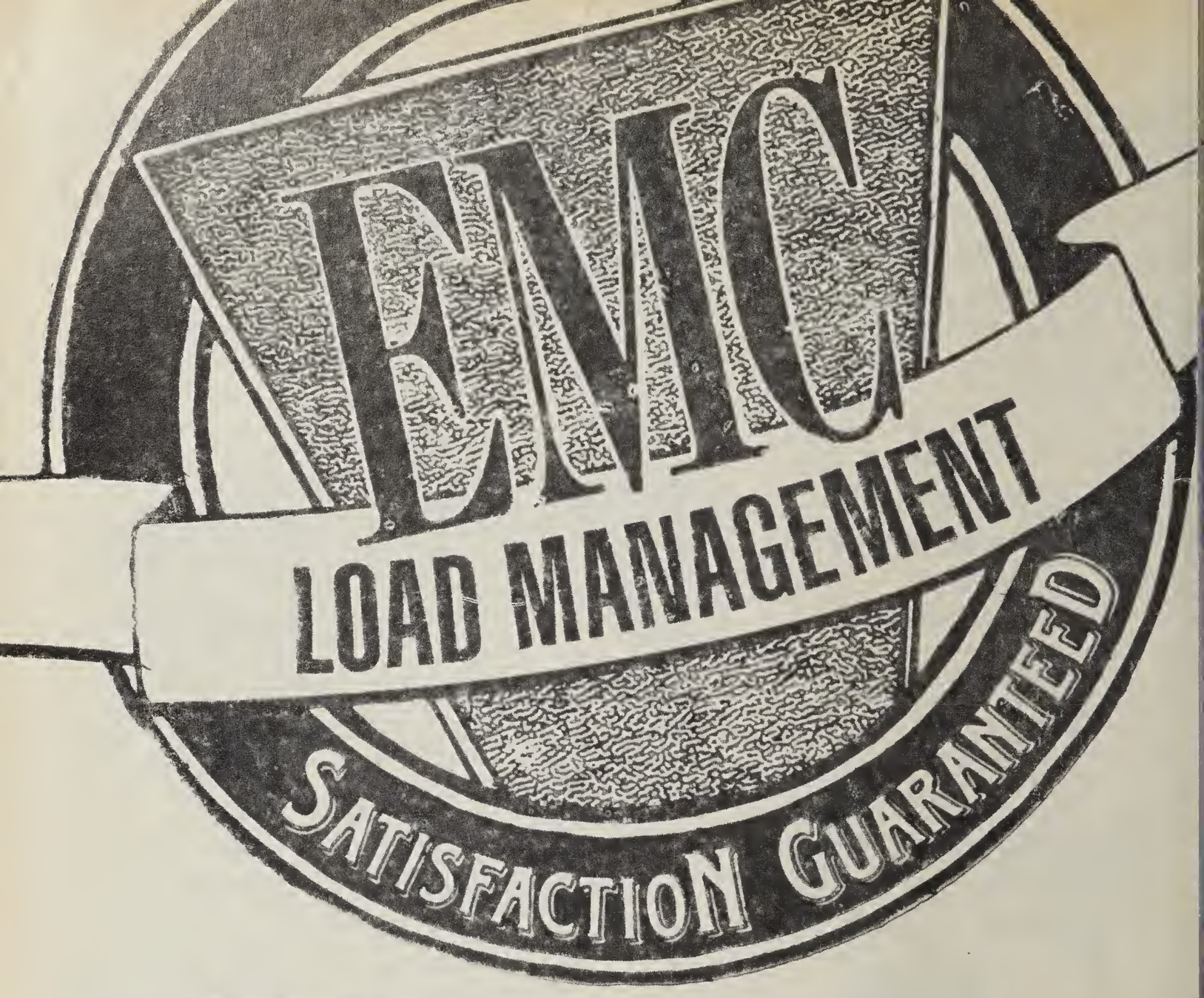

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